

# GRIEF AND HOPE SUPPORT GROUP

A space to share, listen, and heal—together.



This peer-led group encourages open conversation and connection over coffee. A counselor will be present to help guide discussions and support emotional needs as they arise.

## What to Expect:

- Peer-led discussions
- Compassionate listening
- Guided support from a counselor
- A safe space to honor your grief and explore hope

## When & Where:

Bulverde Spring Branch  
Activity Center  
Fourth Friday  
of the month  
10:00 am



Free of charge  
Open to all adults grieving a loss due to death  
**For more information or to join, please contact:**  
Grief & Hope Center (830) 358-5300